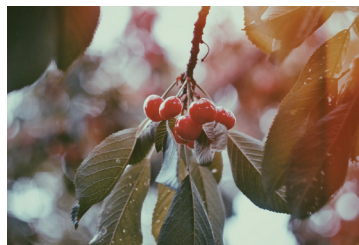


Off the Shelf

Newsletter of the HILLSIDE PUBLIC LIBRARY

January - April 2019



Library Hours

M-TH

10:00 am-9:00 pm

Fri & Sat

10:00 am-5:00 pm

Sunday

1:00-5:00 pm

Library CLOSED

Dec 24,25,31

Jan 1

Feb 18

April 21

ADULT programs

Unless otherwise noted, registration is REQUIRED and programs are FREE. Deposits or small fees are sometimes required to reserve your place or cover expenses.

Adult Book Discussion

Meets on the first Wednesday of each month at 2:00 pm

January 2: *The Christmas Quilt* by Jennifer Chiaverini

February 6: *The Other Einstein* by Marie Benedict

March 6: *The Husband's Secret* by Liane Moriarty

April 3: **TBA**

Try us out! Visitors and new members are always welcome. Books are available for checkout at our circulation desk.

Encore Evening Book Club

Meets the first Wednesday of each month at 7:00 pm at Dos Franciscos Taqueria

This group is an off-site evening book discussion group for adults. The books are available at the circulation desk for check out one month before the discussion date. Please call the library if you have any questions about this book club. We would love to see you at Dos Franciscos Taqueria 4949 Butterfield Rd!

Mixed Stitchers

Meets Every Thursday from 7:00 to 8:30 pm

Is your New Year's resolution to learn to knit or crochet? If so, come check out our knitting group. This is a fun group of knitters and crocheters that are excited to share their hobby with you. The group shares ideas, patterns, and materials. If you don't knit or crochet they will show you how. You can even borrow the needles and use their extra yarn while you are learning. The Mixed Stitchers work on their own projects, as well as on projects for vets, babies and other non-profits. No registration necessary. You can view a sample of their products in our library window in January.

Puzzle Table

This winter, the library will again set up a community puzzle table. Everyone is invited to participate. So the next time you're in the library, sit down and relax at our community puzzle table. After each puzzle is completed it will be photographed and another puzzle will take its place.

Gentle Yoga

Meets the second and fourth Wednesday of each month through June from 7:00 to 8:00 pm

No matter your fitness level, this class of Gentle Yoga will engage your body and your mind as it promotes flexibility and fitness. Instructor: Rhonda Fentry, Fitness Specialist and Exercise Physiologist. There is no registration but the class size will be limited to the first 18 people. This popular class fills up quickly so be sure to arrive before 7:00. Participants must be over 18. If possible, please bring your own mat. Call the library if you have any questions.

Photo by Emre Gencer on Unsplash

Adult Winter Reading Program

Warm Up with a Good Book

Monday, January 7 through Thursday, February 28

READ: Pick up a reading log. Then begin reading anything you want! You can even count newspapers, magazines, ebooks, and audiobooks. Start anytime while the program is going on.

RECORD: Keep track of the time you spend reading. For every 10 minutes you read, check off one of the squares on your paper reading log.



WIN: Each completed reading log can be exchanged for a small prize and for one entry into a raffle to win a \$65.00 gift card to Berkeley Finer Foods. Complete six reading logs to earn the maximum number of raffle tickets. The drawing will take place on March 1.

JANUARY

Holiday Movie: *The Man Who Invented Christmas* (PG)

Monday, January 7 from 1:30 to 3:30 pm

It's not too late to enjoy one more holiday movie. This film follows Charles Dickens at the time he wrote *A Christmas Carol*, and tells how Dickens' fictional character Ebenezer Scrooge was influenced by his real-life father. Holiday refreshment will be served. Minimum 4.

Village of Hillside's 18th Annual Dr. Martin Luther King, Jr. Breakfast

Monday, January 21 from 8:30 to 11:30 am

The Library has reserved a table for this annual celebration. If you would like to be our guest, come to the library between **January 2 and January 15** to fill out a **raffle ticket**. On January 16 we will draw 9 names. Please be sure that you are able to attend the event on January 21, before entering the raffle.

Adult Programs, continued

FEBRUARY

Healthy Eating

Thursday, February 7 at 7:00 pm

Join Theresa Thompson, a Registered Dietetic Technician of the Academy of Nutrition and Dietetics, as she explains the impact food has on our health. Learn how food affects your heart health, diabetes, and overall energy levels. We will also consider how to eat healthy on a budget, including some sample menus, and ideas to cut grocery costs. Finally, enjoy a tasty sample of a healthy dish that is simple to make and budget friendly. Theresa Thompson is a DTR, an M.S. Student at Green Mountain College in conjunction with Westchester Food Pantry, and is a Hillside resident.

Brown Bag Lunch and a Movie: *Falling for Grace* (PG-13)

Monday, February 11 from Noon to 2:00 pm

Bring your lunch to celebrate both Chinese New Year and Valentine's Day with this Chinese-American rom-com. The library will supply a beverage and dessert. Minimum 4.

Bird House Decorating Craft

Monday, February 25 from 7:00 to 8:00 pm

Celebrate the coming of spring with this colorful painting craft. The library will supply the birdhouses and paint, you supply the creativity. There is no charge for this craft. Adults only. Registration required by Thurs, February 21. Limit 15.



MARCH

Go on a Blind Date with a Book

Friday, March 1 through Sunday, March 24

Do you like surprises? Read a book or two from our Blind Date book display, then fill out a "Rate Your Date" form to be entered into winning a box of chocolates.

Ageless Grace

Fridays in March: 1, 8, 15, 22 and 29 from 11:00- 11:45 am

Ageless Grace® is a fun and playful brain health exercise program practiced to upbeat music while seated in a chair. This innovative program is composed of 21 tools for lifelong comfort and ease™. We lubricate our joints, strengthen our muscles, exercise our brains and tickle our funny bones. Come and experience timeless fitness for the body and brain™. Ageless Grace is geared to seniors but any age or fitness level can benefit from this program.

Best Defense Concepts*

Tuesday, March 19 from 6:00 to 7:00 pm

Self-defense expert Peter Honigmann joins us to discuss all aspects of self-defense, including observation and de-escalation, basic self-defense tactics and concepts, the use of improvised weapons to defend yourself, as well as the legal ramifications of using self-defense. He will also answer any questions regarding how to handle specific attacks or self-defense situations. This program is open to adults and teens in Grades 9-12.

Adult programs, continued

APRIL

Family Bike Ride

Saturday, April 13 from 10:30 to 11:30 am

We will take a short ride to the Berkeley Park pavilion where we will enjoy a quick snack then return to the library. All ages welcome. Children under 16 must have an adult (at least 18 years of age) accompanying.



Growing MicroGreens*

Monday, April 29 from 6:30 to 7:15 pm

Microgreens are vegetables that are harvested when they are young and approximately an inch tall. They may be tiny, but microgreens are a huge trend, found everywhere from corner bistros to plastic-wrapped at the grocery store. If you have shopped for microgreens, you know they are not cheap! The good news is that they are easy to grow indoors. Microgreens provide you with a quick harvest for not much work. At this program, you will make and take home one container of microgreens. This short program is open to adults and teens in Grades 7-12. Registration required by Thursday, April 25.

3D MOVIE AND LUNCH FOR YOUNG ADULTS!

The library will provide lunch and 3D glasses to watch the movie.

Please call the library or stop in to register!

For Grades 7 & 8*

BIG HERO 6

Sunday, January 20

1:30-3:30 pm

***students in Grade 6 may also attend.**



For Grades 9-12

***PIXELS* (RATED PG-13)**

Sunday, February 17

1:30-3:30 pm



*Grades 7-12 can attend the "Growing MicroGreens" programs on April 29 and Grades 9-12 can attend the "Best Defense Concepts" program on March 19

Notary Services

The library offers Notary Public services free of charge. Please bring a valid photo ID and any witnesses required. Documents that need to be notarized must be signed in front of the Notary. All people signing the document(s) must be present. It's best to call ahead to determine if the notary is available that day. Call 708-449-7510
You do not need to be a Hillside Public Library patron.



COMPUTER CLASSES

REGISTRATION IS **REQUIRED** FOR ALL CLASSES. LIMIT 10 PER CLASS.
SPACE IS LIMITED; ONLY REGISTER IF YOU CAN ATTEND!

Computers for the Complete Beginner

Part 1: Friday, January 11 from 10:30-11:30 am

Part 2: Friday, January 18 from 10:30-11:30 am

A two-part workshop for new computer users. The first session covers the mouse and keyboard, navigating windows and folders, and introductory word processing. The second session covers Microsoft Word and using the internet.

Registration required. Limit is 10.

E-mail Essentials

Tuesday, February 12 from 4:00-5:00 pm

Learn how to sign up for an email account, send messages, work with attachments, create folders to stay organized, manage your inbox, and more. Arrive early if you don't already have an e-mail address. Registration required. Limit is 10.

Microsoft Word

Part 1: Friday, March 15 from 10:30-11:30 am

Part 2: Friday, March 22 from 10:30-11:30 am

The first session is an introduction to Word tools and basic formatting features. The second session covers more advanced formatting, tables, headers and footers, and templates.

Registration required. Limit is 10.

Google Drive and Google Docs

Tuesday, April 9 from 4:00-5:00 pm

Learn how to store, share, and access files using Google Drive and how to create documents, spreadsheets, and presentations using Google Docs. Gmail account required – arrive early if you don't already have one. Registration required. Limit is 10.

Programs for YOUTH

*Advanced registration for ALL programs can be done either in-person at the circulation desk or over the phone.

*A parent or guardian, age 18 or older, must remain in the building if your child is age 7 or younger.

You can read or use a computer upstairs in the library while your child attends a program.

Winter Break Programs

For Kindergarten to Grade 6. Advanced registration required for ALL programs.

Wednesday, January 2

from 4:00-4:45 pm

Building and Coloring

Thursday, January 3

from 3:00-4:45 pm

Movie: *Wreck-It Ralph*, Rated PG.

Snacks will be provided.

(Preschool age can attend with an adult age 18+.) Grades 7-12 are also welcome.

Friday, January 4

from 3:00-3:45 pm

BINGO

Grades 7-12 are also welcome.

Drop-In Puzzle Fun

Monday, January 21 for Kindergarten to Grade 6

Solve puzzles big and small OR design your own puzzle to take home in the Youth Services Area!

February Weekly Programs

Advanced registration encouraged, drop-ins welcome.

4 Seasons Storytime

Wednesdays from 4:00-4:45 pm for Age 3-Kindergarten

Each week we will read stories focused on a different season; followed by free play.

February 6: **Winter**

February 13: **Spring**

February 20: **Summer**

February 27: **Fall**

Block Party!

Thursdays from 4:00-4:45 pm for Grades 1-6

Build with a variety of blocks including Magna Tiles and Legos.

Saturday Craft: Mini Flower Pots

Saturday, March 9 from 1:15-2:00 pm for Grades 1-6 (Grades 7-12 are also welcome.)

Advanced registration required. (Kindergarteners and younger are welcome with a caregiver.)
With spring just around the corner come and decorate a mini flower pot. All supplies provided.

Spring Break Programs

For Kindergarten to Grade 6. **Advanced registration required for ALL programs.**
(Preschool age can attend with a caregiver 18 or older.) Grades 7-12 are also welcome.

Monday, March 25	from 10:00am-12:00 pm	Board Games
Board games will be available in the Youth Services area of the library. Bring your friends!		
Wednesday, March 27	from 2:00-2:45 pm	BINGO
Thursday, March 28	from 3:00-3:45 pm	Building and Coloring
Friday, March 29	from 2:00-3:30 pm	Movie: <i>Sherlock Gnomes</i> Rated PG. Snacks will be provided.

April Weekly Programs

Advanced registration encouraged, drop-ins welcome.

Once Upon a Storytime

Wednesdays from 4:00-4:45 pm for Age 3-Kindergarten

Each week we will read a variety of different fairy tales.

Outside weather permitting.

Block Party!

Thursdays from 4:00-4:45 pm for Grades 1-6

Build with a variety of blocks including Magna Tiles and Legos.

Take Home Craft

Friday, April 19 from 1:30-4:30 pm for Kindergarten - Grade 6

Drop by the Youth Services Area, make a craft, and take it home!

After Hours Movie and Pizza: Incredibles 2

Friday, May 3 from 4:30-6:30 pm for Grades 4-6 only

Advanced registration required. Minimum 5/Maximum 15

Have fun at the library after we close! Join us for a movie (rated PG), pizza, and raffle. (A caregiver, 18 or older, must pick up child after the program.)



Hillside Public Library

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HILLSIDE PUBLIC LIBRARY

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You will find newspapers, ratings for consumers, early literacy resources, financial tools, homework help, business resources, language learning, and more!

Just go to our website at www.hillsidelibrary.org and click on **RESEARCH** at the top of the page. For at-home use, you will need your library card number.

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