OFF THE SHELF

Newsletter of the HILLSIDE PUBLIC LIBRARY

Programs for Adults

Medicare Open Enrollment

A representative from easyMed Insurance Services will be here to answer any questions and help you make the right decision about healthcare options.

Saturday, December 2 from 11:30 am-1:00 pm Wednesday, December 6 from 1:30-3:30 pm No cost to attend. Registration required.

Financial Protection Series

Hosted by Elmhurst Bank, these classes will help you make sure your finances are secure. All classes begin at **10:00 am**. Refreshments provided courtesy of Elmhurst Bank. Registration required. Ask us about Spanish-speaking options.

Saturday, December 2: Fraud protection tips
Saturday, January 6: Identity protection
Saturday, February 3: Preventing financial exploitation

Monday Movie Matinee 🖷

Snacks and beverages served at 2:00 pm, and the movie begins at 2:15 pm. Registration required.

December 11: You help decide which holiday movie we will watch! Take our quick survey in the library, or via the email link:

https://forms.gle/Lzv67QhDDHN44Dnq8

January 8: It's a new year! Come watch Nick and Nora Charles solve a New Year's Eve caper in 1936's After the Thin Man starring William Powell and Myrna Loy. February 12: We're celebrating Black History Month with Guess Who's Coming to Dinner. The 1967 cast features screen icons Spencer Tracy, Katherine Hepburn, and Sidney Poitier.

Chair Yoga

Join us for some in-person gentle yoga done while sitting. **Wednesday, December 13 at 12:00 pm**

Spinal Screenings

Come to the library for a FREE spinal screening, courtesy of Boyce Chiropractic. Registration required.

Wednesday, December 13 from 1:00-3:00 pm

Monday, December 18 from 5:00-7:00 pm

Friday, January 12 from 12:00-2:00 pm

Mental Health Awareness

The start of a new year can be stressful! A representative from NAMI (National Alliance on Mental Illness) Metro Suburban will be on-hand to provide information on resources and answer questions in a confidential setting.

Monday, December 18 at 5:00 pm

Tuesday, January 16 at 5:00 pm

Thursday, February 22 at 5:00 pm

Professional Headshots

Wednesday, January 3 from 4:00-6:00 pm

Do you need a professional headshot for a new job or to refresh your LinkedIn profile? Join us to have an experienced photographer take a few high-quality headshots. Please bring a USB drive to save your photos. Registration for a 15-minute time slot is required.

NEW! Zumba

Start 2024 with our newest wellness class. Go at your own pace while enjoying this fun activity. Limit: 15 Wednesday, January 24 at 9:00 am and Friday, February 23 at 12:30 pm Registration is required. No cost to attend.

Narcan Training

This 1-hour hands-on class is designed to educate the public on the use of Narcan to prevent deadly overdoses. A Community Health Educator from UIUC, in partnership with the Cook County Health Department, will conduct the training. Registration required.

Tuesday, January 16 at 6:00 pm Wednesday, January 24 at 10:00 am Monday, February 12 at 5:30 pm

Soundbath Meditation

Adults can join us to relieve some anxiety with soundbath singing bowls. **Wednesday, February 7 at 12:00 pm**

Valentine's Day Movie Special 🔘

Start your Valentine's Day with us enjoying coffee and breakfast treats and watching one of the most romantic films ever made, *An Affair to Remember* (1957) with Cary Grant and Deborah Kerr.

Wednesday, February 14 at 10:00 am

Visit with Local Author Alice Bey-Pugh Saturday December 2, 11:00 am

Meet a local children's author from Bellwood as she comes to talk about her books and share some crafts! Registration required.

Lego Club: Stop by and build your imagination! Starts at 5:00 pm on December 6, 20, and 28 January 10, 24 and February 7, 21

Winter BINGO

Drop in at the end of your winter break to play some BINGO! January 4 at 5:00 pm

Pajama Movie Afternoon: Come to the library for a cozy afternoon in your pajamas and watch a movie! Feel free to bring in a stuffed animal and blanket.

Saturday, January 20 at 1:30 pm

Bookworm Bunch: Celebrate the winter season with this snowy storytime! Perfect for ages 2-4, but all are welcome! **Thursday, January 25 at 2:00 pm** Caregiver must be present.

Valentine's Day Storytime and BINGO Read some Valentine's Day stories with Miss Niki and stay for a few rounds of BINGO! Wednesday, February 14 at 5:30 pm

Frog and Toad Leap Year Tea Party!

Celebrate this extra day with our leaping friends *Frog and Toad*! Stories and activities will be available.

Thursday, February 29 from 5:00-6:00 pm



Activities for Middle Grade & YA

Teen Preschool Night!

Thursday, December 7 from 6:00-7:00 pm Relax before finals with this nostalgic night of coloring, stories, and crafts. Registration encouraged.

Teen Glow in the Dark Paint Night
Thursday, January 18 from 5:00-6:30 pm

Come with friends and paint a canvas with glow-in-the-dark paint! Registration encouraged.

Teen Tech BINGO in February

Stop in any time during the month to collect a BINGO card, and begin marking your tasks. Each task is technology-based. Complete across, down, or diagonally to earn a prize. Complete the *entire card* to earn an additional prize. All cards due by March 1.

Ask for more information about our After Hours Game Night! We've enjoyed Dungeons & Dragons and playing strategic board games.

Eventos en Español

Piñatas Familiar

jueves, 14 de diciembre 5:00-7:00 pm

Acompáñanos en esta entretenida actividad que puedes aprovechar para convivir con tu familia, haremos una mini piñata tradicional y hablaremos acerca de su significado en la cultura mexicana. Regístrate cuanto antes, *cupo limitado* a 8 familias de 4 integrantes máximo (la edad mínima sugerida para participar es de 8 años). Se proporcionarán materiales para esta manualidad. Se requiere registro.

iNUEVO! Zumba

Comience el 2024 con clases de Zumba. Límite: 15. miércoles 24 de enero, 9:00 am viernes 23 de febrero, 12:30 pm
Se requiere registro. No hay costo para asistir a este programa.

Noche de Lotería

jueves, 15 de febrero 6:00-7:00 pm

¡Únete a nosotros para jugar este juego tradicional mexicano! Este es un evento para toda la familia. Se recomienda registrarse para este evento.

Community Events for Multi-Age and Families

Christmas Food Drive: December 4-20

All items will be donated to the Immanuel-Hillside Food Pantry and distributed locally. Biscuits and rolls, canned fruit, pumpkin and yams, cranberry sauce, cream of mushroom soup, gravy mix, instant potatoes, rice and pasta sides.

Winter Fun Day

Join us at the library for holiday stories, crafts, and more! We'll have beverages, hot chocolate, and yummy treats provided courtesy of Bayron's Bakery in Berkeley. Story time at 10:30 am followed by a kids winter-themed movie at 11:00 am. Saturday, December 9 from 10:00-12:00 pm

Interactive All-Ages Movie 🐙

The library will have a showing of a spooky holiday movie. Included will be a script and supplies to interact with the showing. Registration encouraged. Wednesday, December 13 at 6:00 pm

Winter Break Family Yoga Wednesday, January 3 at 12:00 pm

Bring the kids or the whole family to enjoy yoga. Most poses are done in pairs. Registration for EACH participant is required. Children must be able to follow directions and a caregiver must be present. Limit: 20

Black History Month Raffle

Stop by during the month of February and enter our raffle celebrating Black History Month. Prizes for all ages.

Pygmalion at the Theatre of Western Springs: **Off-site Event**

Join us for an off-site trip to the Theatre of Western Springs to see George Bernard Shaw's immortal classic, on which My Fair Lady was based. Age: 15 and up. Limit: 8. Registration required. Please register by January 20 to reserve your spot. Cost: \$10 (cash only) which will cover the cost of your ticket and round-trip transportation. Performance: Saturday, February 3 at 2:30 pm (show runs for 2 hr 15 min)

HIVECLASS Self-Defense Class

Learn some basic self-defense moves from our new database Hiveclass! Participants are encouraged to sign-up with a partner. Feel free to bring a water bottle and/or a small towel. Participants must be in high school or older. Registration encouraged.

Thursday, February 8 from 5:00-6:30 pm

Drop-In Valentines Pebruary 8-13

Stop by to create valentines for your friends and family. Supplies provided.

Ongoing Programs for Adults

Adult Book Discussion

If you have a passion for reading or just want to make new friends, check out our book discussion group. Visitors and new members are always welcome.

Meets the first Wednesday of the month at 2:00 pm December 6: Comfort and Joy by Kristin Hannah January 3: Dear Edward by Ann Napolitano February 7: Never Let Me Go by Kazuo Ishiguro

Mixed Stitchers: Every Thursday at 6:00 pm

Bring your own project, and come knit or crochet with this fun group.

Mid-Day Chair & Floor Yoga: Every Friday from 12:30-1:30 pm

Take a midday break and join us for some in-person gentle yoga. Bring your own mat or borrow one from the library. Participate on the floor or seated in a chair. No class on February 23, but join us for ZUMBA that day instead. Registration encouraged. Limit: 12

Senior Tech Help

Call the library to make an appointment for one-on-one assistance with computer basics or your electronic devices.

Circulation Raffles & Giveaways

December: Enter to win a Movie Night Basket!

January is National Hot Tea Month. Stop by the desk and pick out a favorite tea for home.

February Giveaway: Fill out a "I Love My Library Because..." heart at the desk for a Valentine treat bag! While supplies last.

Hillside Public Library

405 Hillside Ave Hillside, IL 60162 708-449-7510 www.hillsidelibrary.org Non Profit Org. U.S. Postage PAID Melrose Park, IL PERMIT #104

LIBRARY HOURS

M-TH

9 am-8 pm

FRI & SAT

9 am-5 pm

Closed on Sundays

Closed Dec 23, 24, 25, 30, 31, Jan 1, 15 & Feb 19

RESIDENTIAL CUSTOMER HILLSIDE, IL 60162

Follow us on Instagram to stay current on our events and programs.



HILLSIDEPUBLICLIBRARY

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Upcoming Board Meetings:

Jan 17 and Feb 21 at 7:00 pm



HILLSIDE





making connections



ILLINOIS LIBRARIES PRESENT

Enjoy these virtual events brought to you through our partnership with Illinois Libraries Present. You can view them at home on your own device. The link to register will be on our website at www.hillsidelibrary.org before each event:



Wed, December 6 | 7 pm Surviving the Holidays with writer and psychotherapist Lori Gottlieb



Sat, December 16 through
Sun, December 17
Experience *The Nutcracker* at home!
Watch a recording of the famous ballet.

Thu, January 11 | 7 pm Speculating our AI Future: Panel with Corry Doctorow, Ken Liu, and Martha Wells







Tue, February 6 | 7 pm
A Conversation with Jerry Craft:
From Mama's Boyz to New Kid
and beyond



★ Save the Date:

Tuesday, February 20 | Time TBD

Bridgerton and all things romance

with Julia Quinn