

Adult programs, continued:

January

Gentle Yoga



Saturdays, January 12,19,26, and February 2 from 10:30 to 11:30 am

Gentle yoga with Sue Olson is back again! 4 sessions. Requires a \$15 deposit at registration.

Classic Movie Monday

Monday, January 14 at 10:30 am; *The Thin Man*

William Powell and Myrna Loy star as a husband-and-wife detective team.

Minimum registered 4



Share the Plate A new monthly program!

Tuesday, January 15 from 6:30 to 7:00 pm

Watch a demonstration of the making of a simple but delicious dish. Then, sample what was made, take home the recipe, and try it out on your family! This month's theme is breakfast food; fruit smoothie and a muffin. Adults only.



Adult After Hours at the Library Friday, January 18 from 5:30 to 9:30 pm

Have dinner, watch a movie, play a game or just read a book. Registration required.

Minimum 6.

February



Benefits of Eating a Mediterranean Diet Wednesday, February 6 at 7:00 pm

Dietitian Eileen McCarthy will discuss the health benefits of the Mediterranean Diet. Information on how to make healthy and delicious Mediterranean meals are discussed in this class.



Classic Movie Monday Monday, February 11 at 10:30 am

Abe Lincoln in Illinois

Minimum registered 4.



Share the Plate

Tuesday, February 12 from 6:30 to 7:00 pm

Main dinner dish demonstration and tasting; Stuffed Shells Florentine. Adults only.

African American Cemetery Safari

Thursday, February 28 at 7:00 pm

Jim and Paula Hantak are back with a slide show of the final resting places of people influential in Black History. Learn about Gene Baker, Dred Scott, Free Frank McWorter and Augustus Tolton among others buried in Illinois and their and contributions and places in times past.



Computer Classes Saturdays in February from 9:00 to 10:00 am

Kathy Kendall will again teach a 4 week beginning level computer course. When you sign up, please tell us what you would like to learn so that she can tailor the course to what the students want. Microsoft Word, Excell, email, uploading documents and photo....

You tell us what you would like to learn this time!

\$4.00 deposit required at registration.

Minimum 4, Maximum 15.



For more information about adult programs call the library or check the library website or lobby kiosk.

Jobs Skills and Work Readiness Questionnaire

Please take a moment to read!

The Hillside Public Library is planning to offer a job skills class in January or early February of 2013. The focus of this class will be to help individuals learn the skills they need to get a job in today's marketplace. We will concentrate on work/job readiness training, basic skills, computer literacy and GED training. Those interested in GED training will participate in an assessment test.

The library, in partnership with Triton College, would like to explore the idea of such a program with you. In an effort to establish the interest level of the community and to better meet your needs, we would like to conduct a survey that will inform us of how many participants we would have in the program. If you are interested, we would like you to complete the form below and submit it to us by Monday, December 17, 2012.

This program will be at no cost to you.

This is our way to assist you in reaching your goal. Thank you for your time and cooperation.

- I am interested in the jobs skills class
- I am interested in basic computer training
- I am interested in training in Word, Excel, PowerPoint, etc
- Time of day most convenient for jobs skills and computer classes morning afternoon evening
- I have my high school diploma but I am interested in learning more about job search skills

- I am interested in the GED Program
- Last grade you completed (This is for placement)
- less than 8th grade 8th grade 9th grade 10th grade 11th grade

Time of day most convenient for GED classes morning afternoon evening

Location most convenient to you:

- Hillside Public Library (405 Hillside Ave, Hillside)
- Bellwood Community Resource Center (1125 Bellwood Ave, Bellwood)
- Triton College (2000 5th Ave, River Grove)

Language most convenient for you:

- English Spanish

Are you ready to commit to the GED classes for the duration of the entire program and exam? (3 hours a day, 3 days a week) Yes Not at this time. **Please tell us why you are not interested at this time.**

Name (Print)

Signature

Date

Phone Number(s):

Home:

Cell:

Address:

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